



RACQUET CLUB

November Court Sports



HEALTH & WELLNESS Mon-Fri 5 am-10 pm / Sat-Sun 7 am-8 pm Blue Mountain 251-3344 / Racquet Club 251-3356 / Downtown 317-1960 / peakmissoula.com

MON	TUE	WED	THU	FRI	SAT	SUN
Pickleball Drop In Blue Mountain 8-11 am	Pickleball Drop In Blue Mountain 8-11 am	Pickleball Drop In Blue Mountain 8-11 am	Pickleball Drop In Blue Mountain 8-11 am	Pickleball Drop In Blue Mountain 8-11 am	Pickleball Drop In Blue Mountain 4-6 pm	Pickleball Drop In Blue Mountain Noon-2 pm
Racquetball Drop In 5:30-7 pm	Squash Drop In 9:30 am-noon	Doubles Handball Drop-In 6-8 pm	Squash Drop In 9:30 am-noon	T.G.I.F. Squash Drop In 5-7 pm	HOT SHOTS Racquetball Clinic Ages: 6-12 November 4 10-11 am \$	Squash Drop In 1-3 pm
TRY Squash November 13, 27 5-6 pm	Doubles Racquetball Drop-In 4-5:30 pm	Squash Drop In 6-8 pm	Doubles Racquetball Drop-In 4-5:30 pm			Racquetball Drop In 3-5 pm
TRY Pickleball November 6, 20 5-6 pm	Wallyball Drop In 7-9 pm	TRY Racquetball Adults November 8 6-7 pm	Men's "B" Racquetball Drop In 7-8:30 pm			
TRY Wallyball November 13 7-8 pm	TRY Racquetball Adults November 14 6-7 pm	TRY Handball November 15 6-7 pm				

Thanksgiving Day
Club Hours: 5 am-2 pm

Modified Group Fit Class Schedule
Downtown Members Welcome

Blue Mountain
8 am Cycling/Dan
8 am Gym Class Heroes/Jessica
9:15 am Oula/Tracy & Kathryn
9:15-10:30 am Cycling/Tamara & Monique

Downtown
10-11:15 am All Levels Yoga/Isabelle

\$ denotes charge for this clinic

Racquetball: "Hot Shots" Ages 6-12 The hour session will consist of instruction, drilling, games and competition. Sign-up required at the Racquet Club: 251-3356



Download Our Mobile App Or Visit Our Website For Class Schedules
peakmissoula.com

Court Sports Class Descriptions

Free Clinics: **TRY it, you'll like it!** Each month, The PEAK offers free introductory group clinics for the numerous court sports offered. Your clinic will consist of a brief overview of the game, including safety and etiquette, followed by on-court instruction and play. **Sign up at the Racquet Club to reserve your spot.** All equipment will be provided. For more information contact; jim@peakmissoula.com.

Racquetball Learn how to play one of the fastest paced sports, with new friends, at the PEAK. Instructor: Chris Riley

Adults: November 8 & 14, 6-7 pm

Hot Shots Ages: 6-12 November 4, 10-11 am. \$5

Squash: November 13 & 27, 5-6 pm Discover the uniqueness of this sport, and the challenges it provides, mentally and physically. Invite a friend and sign up at the Racquet Club. Instructor: Jim Stephens

Handball: November 15, 6-7 pm The oldest game played with a ball.

Pickleball: November 6 & 20, 5-6 pm (indoor racquetball court). Learn the skills required to play in the drop-ins. Reserve your spot at the racquet club. Instructor: Jim Stephens

Wallyball November 13, 7-8 pm Try thinking "inside" the box. Wallyball is essentially volleyball played inside a racquetball court, with the help of one wall. See what it's all about. Instructor: Jim Stephens

Weekly Drop-In Play: Drop-In Play requires the ability to play nicely with others.
Show up and play on the following days and times:

Handball Doubles: Wednesday 6-8 pm

Pickleball Outdoors: Open for fall court reservations. Nets will remain up until first snowfall.

Pickleball Indoors: Monday-Friday 8-11 am, Saturday 4-6 pm, Sunday Noon-2 pm

Racquetball: Monday 5:30-7 pm, Sunday, 3-5 pm

Men's B Thursday, 7-8:30 pm

Doubles: Tuesday & Thursday, 4-5:30 pm

Squash: Tuesday & Thursday, 9:30 am-noon, Wednesday, 6-8 pm, Friday, 5-7 pm, Sunday, 1-3 pm

Wallyball: Tuesday, 7-9 pm

**Handball/Racquetball/
Squash**

2017 Court Sport Challenge, December 4-8

This annual tournament for racquetball, handball, and squash, has divisions for men and women of all ability levels, as well as divisions for juniors and high school players. Evening match play. **Fee: \$15** Entry forms available at the racquet club for more information contact Jim: 251-3356.